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SSSIHL 2017/18

Dept. of Management  
& Commerce

2 DEC 2017 @ PRASANTHI NILAYAM CAMPUS

Design a joyfully aligned life  
INSIDE OUT

## Design a joyfully aligned life!

### *In is the way out*

*In the midst of all abundance, does life sometime seem unfulfilling? Do you feel ever-busy but disengaged? Do you wonder if there could be a better 'you' - a more confident, more aligned you?*

- » Would you like to be more deeply anchored and live with a greater awareness of what truly matters?
- » Would you like to invite greater emotional stability, leading to more harmonious and fulfilling relationships?

### **How?**

Inside Out is a practical, participative and experiential programme designed to provide you with a transformative experience, enabling you to develop action ideas and attitudes in alignment with your purpose. It will gently nudge you to develop new attitudes and outlooks, enabling you to live fully, and stress-free.

Liberating insights will emerge in you, from you. You will be equipped with powerful inner processes that empower you authentically. In this free, sacred and non-judgemental space you will be able to share your concerns, anxieties and your ideas about life. You will emerge from it with greater clarity, power and hopefully a beaming smile :)

Harnessing this inspiring energy will enable you to contribute fully to your jobs, families and to society - and live a life fulfilled.

The workshop is delivered in a format of mutual, peer-to-peer learning.

**Register now. Spaces are limited.**

### **DATE & TIMES**

**2 DECEMBER 2017** (9 am to 6 pm)

### **VENUE**

Multimedia Learning Centre,  
Prasanthi Nilayam Campus, SSSIHL

### **ELIGIBILITY**

The event is open to all **SSSIHL alumni (Men)**.

### **HOW TO APPLY**

To register for the event, interested alumni must **send an email to:**

**[events.dmc@sssihl.edu.in](mailto:events.dmc@sssihl.edu.in)**

Applicants must clearly include the following details on their email:

- » Name
- » Age
- » Email
- » Mobile Number
- » SSSIHL Batch / Degree
- » Employment / occupation
- » A note on why you are interested in this workshop

For further information, please write to us on the above email address or call:

**Amit Sood:** +91 98113 06212

**Sanjay Mahalingam:** +91 91107 63919

Registration for the event is **Free of cost**. Paid accommodation will be available in the ashram.