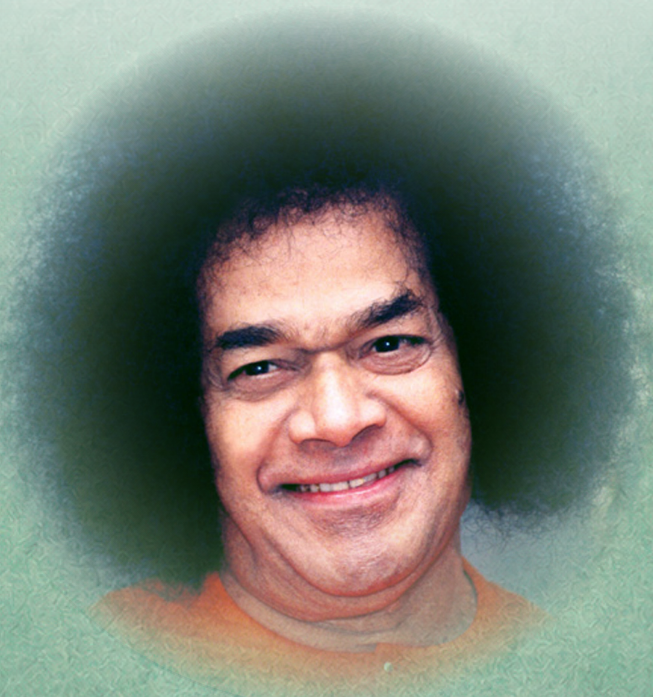




Centre for Sri Sathya Sai Studies

SRI SATHYA SAI INSTITUTE OF HIGHER LEARNING

(Deemed to be University)



SUMMER COURSE

in Bhāratīya Culture and Spirituality

Antar Jāgarana – Inner Awakening
Guiding Light in Life's Journey

26-28 July

2026

Prasanthi Nilayam

Event Schedule





SUMMER COURSE

in Bhāratiya Culture and Spirituality

SUNDAY
26 JULY 2026

Prasanthi Nilayam

MORNING & AFTERNOON

Poornachandra Auditorium

MoCs: Dr. Santosh C R and Dr. Aditya Dileep Kurdekar
Asst. Professor(s), Physics, SSSIHL

10.25 – 10.30	Lighting the Ceremonial Lamp Invocatory Vedam – Daśa Śāntayaḥ Mantra Prasanthi Nilayam Campus, SSSIHL
10.30 – 10.40	Welcome Address Dr. Srikanth Khanna, Registrar, SSSIHL
10.40 – 10.50	Setting the Context Dr. G S Srirangarajan, Co-Chairperson, Centre for Sri Sathya Sai Studies (CSSSS) and Controller of Examinations, SSSIHL
10.50 – 11.20	Inaugural Address: Antar Jāgaraṇa: The Clarion Call of the Avatar Sri R J Rathnakar, Managing Trustee, Sri Sathya Sai Central Trust
11.20 – 11.30	Benedictory Address Bhagawan Sri Sathya Sai Baba, Revered Founder Chancellor, SSSIHL
11.35 – 12.30	Inner Awakening and Inner Resilience — Samatva (equipoise) and Sthiratā (steadiness) of the Mind Sri Amol Anil Muzumdar, Head Coach, Indian Women's Cricket Team

Lunch

14.30 – 15.30	Inner Awakening — Choosing Śreyas (Lasting Good) over Preyas (Instant Pleasure) — Lessons from Naciketā: Case Study Presentation & Discussion
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Moderator: Sri Rajeev Rajan, Asst. Professor, Management & Commerce, SSSIHL
Members: Sri S Sai Manohar, Asst. Professor, Management & Commerce, SSSIHL
Dr. Yadusree K P, Asst. Professor, Languages & Literature, SSSIHL
Sri T S Balaramachandran, Senior Vice President – Human Resources, HDFC Bank
Sri Siddharth S Bhatt, Senior Vice President – Business Excellence & Ethics, Tata Capital Ltd.

EVENING

Sai Kulwant Hall

16.30 – 16.50	Vedam Chanting
16.50 – 17.00	Invocatory Vedam – Samāna Sūktam Brindavan Campus, SSSIHL Summary of the day's proceedings Sri Sai Siddhanth Botta, II M.B.A., SSSIHL
17.00 onwards	Mandir Programme Bhajans followed by Arati

SATSANG

Respective venues as announced

20.15 – 21.00	Bhajan Workshop Sri S Ravi Kumar (SSSIHMS) and team (Prasanthi Bhajan Group)
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SUMMER COURSE

in Bhāratiya Culture and Spirituality

MONDAY

27 JULY 2026

Prasanthi Nilayam

MORNING

Poornachandra Auditorium

MoC: Sri R Sai Naveen
Doctoral Research Scholar, Management & Commerce, SSSIHL

10.15 – 10.20	Invocatory Vedam – Medhā Sūktam Ghanam SSSHSS (Boys)
10.20 – 11.20	Inner Awakening: Tapas (Self-discipline and austerity) as the Path to Transformation — A Soldier's Recall Major General Ashish Shah, AVSM, SM

Short Break

11.50 – 13.00	Inner Awakening and Abhyāsa (practice) — Lessons from Lord Hanumān Case Study Presentation & Discussion Moderator: Dr. Sai Shyam, Asst. Professor, Mathematics & Computer Science, SSSIHL Members: Dr. V Bhaskaran, Asst. Professor, Mathematics & Computer Science, SSSIHL Dr. K J Srinivas, Asst. Professor, Management & Commerce, SSSIHL Dr. Priyamvada C, Asst. Professor, Languages & Literature, SSSIHL Sri Sai Ganesh Muthuraman, Software Engineer, Google
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EVENING

Sai Kulwant Hall

MoC: Ms. Salma Khatoon
Doctoral Research Scholar, Biosciences, SSSIHL

16.30 – 16.50	Vedam Chanting
16.50 – 17.00	Invocatory Vedam – Gaṇēśa Suktam Anantapur Campus, SSSHSS (Girls) and SEHS (Girls) Summary of the day's proceedings Ms. Sai Srilekha N, II M.B.A., SSSIHL
17.00 – 17.50	Panel Discussion: Inner Awakening and Righteous Living — Dharma as the Compass for Daily Life Moderator: Prof. Rani P L, Dean, Faculty of Humanities & Social Sciences and Languages & Literature, and Director, Anantapur Campus Members: Ms. Sai Swaroopa Iyer, Program Lead, INDICA Ms. Sai Geetha M N, Senior Director, Software Engineering, Lowe's India Dr. Lathasree, Senior Medical Officer, Sri Sathya Sai General Hospital Ms. Vidyulatha Narayan, Manager, Education Division, East Sussex County, UK

17.50 onwards	Bhajans followed by Arati
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SATSANG

Respective venues as announced

20.15 – 21.00	Vedam Workshop Sri K Vedanarayanan, Sri G R Praveena (SSSHSS) and team (Prasanthi Vedam Group)
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SUMMER COURSE

in Bhāratiya Culture and Spirituality

TUESDAY
28 JULY 2026

Prasanthi Nilayam

MORNING

Poornachandra Auditorium

MoC: Ms. Pragya Parashar
Doctoral Research Scholar, Management & Commerce, SSSIHL

- 10.15 – 10.20 Invocatory Vedam – Devi Sūktam | Anantapur Campus, SSSHSS (Girls) and SEHS (Girls)
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- 10.20 – 11.30 Inner Awakening: Ko'ham? (Who am I?) — Rediscovering Our True Identity
and Self-Worth
Smt. Vishakha Hari, Carnatic Vocalist; Distinguished Harikathā Exponent
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Short Break

- 12.00 – 13.00 Inner Awakening — Discovering the Self through Vimarśa (inquiry) —
Lessons from Śvetaketu
Case Study Presentation & Discussion

Moderator: Dr. Maitali Khanna, Head, Languages & Literature, SSSIHL

Members: Prof. Deepa Seetaraman, Professor, Physics, SSSIHL
Ms. Sai Archana M, Asst. Professor, Languages & Literature, SSSIHL
Sri J Prem Anosh, Sri Sathya Sai Media Centre
Sri Vinod Cartic, Managing Trustee, Sai Krushna Charitable Trust and CEO, Catalyst Trainers

EVENING

Sai Kulwant Hall

MoC: Sri Ritwik Chandra Pandey
Doctoral Research Scholar, Mathematics & Computer Science, SSSIHL

- 16.30 – 16.50 Vedam Chanting
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- 16.50 – 17.00 Invocatory Vedam – Nārāyaṇa Upaniṣad | Nandigiri Campus
Summary of the day's proceedings | Sri Gowtham Jegathesan S, IV B.S. (Hons./ Hons. with
Research) in Computer Science, SSSIHL
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- 17.00 – 18.00 Valedictory Session: Inner Awakening — Unity in Diversity: Bhāratiya Wisdom
for Global Harmony
Sri J Sai Deepak, Senior Advocate, Supreme Court of India and Delhi High Court, and Author
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- 18.00 onwards Bhajans followed by Arati

SATSANG

Respective venues as announced

- 20.15 – 21.00 Personal Reflections on the guidance from Bhagawan Baba
Prof. R Raghunatha Sarma (SSSIHL) and Sri Sai Surendranath (SSSHSS)

