

## National Conference on

# "Millets-The Super Food" A Sustainable path towards Food & Nutritional Security



## Srí Sathya Saí Instítute of Hígher Learníng (Deemed to be University) Anantapur Campus-515001, A.P. Indía.



#### About the University

" Education should serve to enlarge the vision and broaden the outlook of people " - Bhagawan Sri Sathya Sai Baba (Revered Founder Chancellor)

Sri Sathya Sai Institute of Higher Learning (Deemed to be University) offers value-based education free of charge to students irrespective of income, religion or region, to mold them into individuals of integrity and character. It was recognized as Deemed to be University in the year 1981. The Institute has maintained a consistently high standard of academic excellence through the years. It offers Undergraduate, Postgraduate, Professional and Research Programs in four campuses, with its headquarters in Prasanthi Nilayam, Puttaparthi, Andhra Pradesh.

# Evolution of Department of Food and Nutritional Sciences

The department endeavours to equip students with the knowledge and skills for understanding the role of nutrition in health and diseases and be an active contributor to the social welfare of the community. The Bachelor's program in Home Science was initiated in 1976 and it expanded into a Postgraduate program in June 1985 offering M.Sc. in Home Science with specialization in Food Science and Nutrition. With a view to open wider avenues for students in the fastgrowing food-based industry, department the initiated another specialization, Food Technology, at MSc level in June 2007. The M.Phil. and Ph.D. research program in Food Science & Nutrition and Food technology were initiated in the academic year 2008 - 2009. In the year 2015, the department was renamed as Food and Nutritional Sciences. Currently it offers courses in B.Sc. Food and Nutritional Sciences, M.Sc. Food and Nutritional Sciences (with specialization in Applied Nutrition & Food Technology) along with



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#### Concept

Millets are a collective group of small seeded annual grasses. They are superior to the commonly consumed cereals in terms of micronutrient, fibre content and relatively rich in proteins. Food-based nutrition intervention strategy is one of the best ways among many to overcome malnutrition and to combat non-communicable diseases. It is significant to note that the proposal of Government of India to United Nations for declaring 2023 as "International Year of Millets" was supported by 72 countries and General Assembly United Nations' (UNGA) declared the same. Therefore, efforts have been taken by various government, and non- government organizations to promote millets as an important dietary choice, especially to ensure food and nutrition security for one and all. With this background in focus, time has come for projecting millets that are resilient to climate change and grown in dryland regions in India. The conference aims at projecting millets as super food and a path towards food and sustainable nutrition security.

#### About the conference

As a part of the year long celebration of the "International Year of Millets-2023, DFNS, SSSIHL, organizes two-day national conference on "Millets-The Super Food" (Sustainable path towards Food & Nutritional Security) on 24th and 25th March 2023 to provide a unique learning platform by bringing together experts in the area of millets.





#### **Conference** highlights

- Scientific Leads: Know the current development and trends in the area of millet research, food security policies and economic growth
- Nutrition and Well-being: Know the benefits of super food in daily diet
- Networking: Network for research activity
- Business Opportunities: Entrepreneurship, startups, product development, and marketing strategies



Potential of millets for nutrition and health



R & D on millets - crop improvement, protection and production

Processing technologies for increased utilization of millets

Promotion of millet consumption (as nutri-cereals) through awareness creation and entrepreneurship development

Approaches for commercialization of millet foods and business models

Government Policies - PDS and main streaming of millets in public funded welfare program

Role of private sector in promoting consumption of millet

## **Invited Speakers**

Dr. C.V. Ratnavathi ICAR-IIMR, Hyderabad Dr. S. Balasubramanian ICAR-CIAE RC, Coimbatore Prof. D. Vijayalakshmi ICAR, GKVK, Bangalore Prof. Usha Ravindra UAS, GKVK, Bangalore Mrs. Sudha M.L. *CSIR-CFTRI , Mysuru* Dr. Mrs. T. Jyothirmayi *CSIR-CFTRI RC, Hyderabad* Dr. M. Anupama *Tahsildar, Puttaparthi* Dr. T. Usha *TFF Labs Pvt. Ltd., Hyderabad* 



#### About Anantapur

Anantapur city, the district headquarters, located in the South-Western part of Andhra Pradesh state. There are many places of historical, geographical and religious interests near the city. The University headquarters is located at Prasanthi Nilayam, Puttaparthi, the birth place and holy abode of Bhagwan Sri Sathya Sai Baba, Revered Founder Chancellor. Being located at the heart of Rayalaseema, both Anantapur and Puttaparthi receives very less rainfall. Farmers largely depend on drought-prone, rain fed agriculture. As millets are resilient to climate change, the areas of Rayalaseema can promote the growth of millets.

### Organising Secretary Dr. N. Neera Members of Conference Committee Hon. Prof. B. Andallu Prof. N. Srividya Dr. N. Srijaya Dr. A Sumana Dr. Fapasya Anand Dr. Ambati Padmaja

Dr. Jhinuk Supta E Research Scholars

### **Target** Participants

Academicians, Scientists, Delegates, Researchers, Industrialists, Professionals, Nutritionists, Students, Entrepreneurs, Policymakers, other stakeholders related to millets

### Contact Details

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