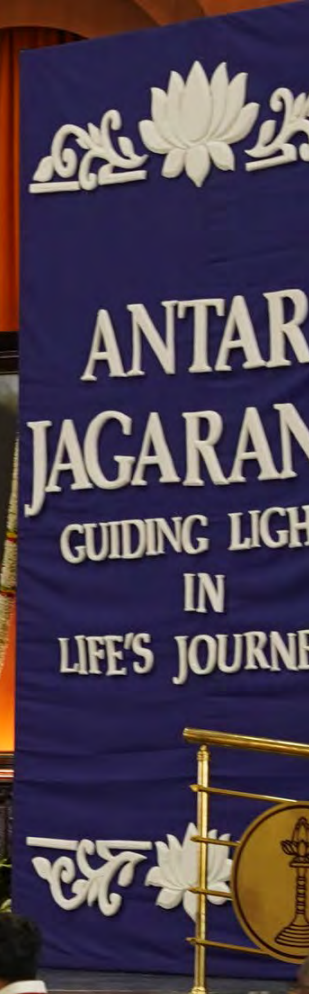
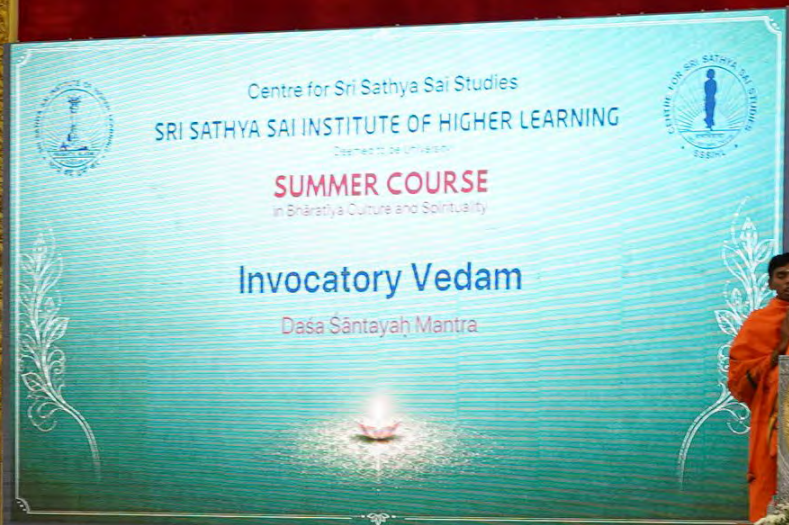






SUMMER COURSE

IN
BHARATIYA CULTURE
& SPIRITUALITY

SUMMER
COURSE
2026









Sathya Sai Studies
INSTITUTE OF HIGHER LEARNING
(to be University)
SUMMER COURSE
Culture and Spirituality
Ceremonial Lamp



A man in a white shirt stands at a podium, speaking into a microphone. The podium features a large circular emblem. A small table next to the podium holds two water bottles. A sign on the podium reads:

SUMMER COURSE
Culture and Spirituality



ANTAR
JAGARANA
GUIDING LIGHT
IN
LIFE'S JOURNEY

Centre for Sri Sathya Sai Studies
SRI SATHYA SAI INSTITUTE OF HIGHER LEARNING
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in Bharatiya Culture and Spirituality
Welcome Address
Dr. Srikanth Khanna
Registrar, SSSIHL



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Setting the Context

Dr. G S Srirangarajan

Co-Chairperson, Centre for Sri Sathya Sai Studies
(CSSSS) and Controller of Examinations, SSSIHL





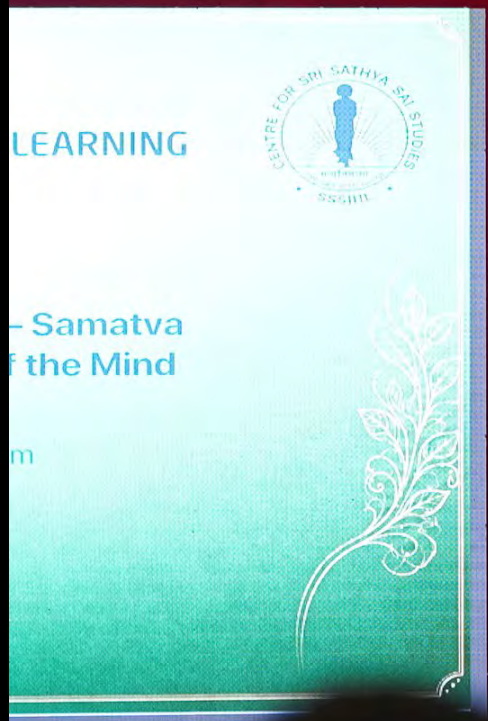
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Inaugural Address
Antar Jāgarāṇa: The Clarion Call of the Avatar
Sri R J Rathnakar
Managing Trustee, Sri Sathya Sai Central Trust





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Sai Studies
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Silience — Samatva
(Liness) of the Mind
ndar
Cricket Team



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Center for Advancing the Study of
SRI SATHYA SAI INSTITUTE OF HIGHER LEARNING
SUMMER COURSE
Panel Discussion
Topic: Awareness — Changing Shape (Leading Group) and Project (Student Group) — Looking from Psychika, Citta (Study Presentation & Discussion)

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THE ONLY QUESTION THAT MATTERS

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The Wise One Discriminates

श्रेयस् प्रपश्यन्नुच्यते । तो सम्परीत्य विविनक्ति धीरः ।
श्रेयं हि धीराऽभिप्रेयन्ता वृणीते । प्रयो मन्दो योगक्षमादुवृणीते ॥

—Bhagavad Gita 4.11

PAUSE
CLARIFY
DECIDE

Both the good and the pleasant are before us. The wise one, weighing them carefully, discriminates and chooses the good over the pleasant.
The dull-witted, chasing comfort and security, chooses the pleasant over the good.

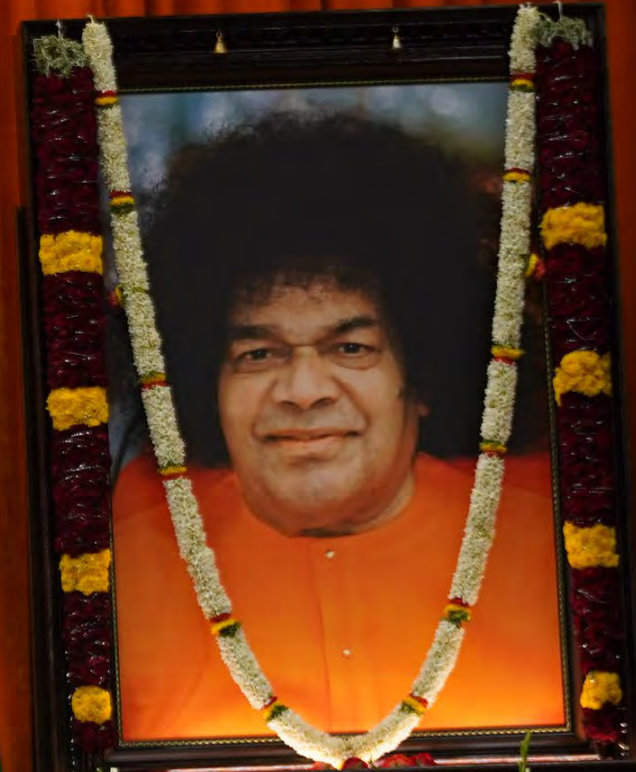
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Guiding Light in Life's Journey







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